

Interview Guide

Your task is to write a one- to two-page typewritten paper about your chosen resilient community member. It is important that in the paper you include the **WHO, WHAT, WHEN, WHERE, WHY** of your resilient person's story.

Below are some guiding questions to ask yourself and your resilient community member in preparation for writing your paper.

Before the Interview...

Name of community member: _____

Age (if you think it's relevant): _____

What is your relationship to this person? _____

What makes this person resilient?

What do you admire about this person?

Interview Questions

Write the details of your interviewee's story of resilience.

What helped him/her be resilient and make it through the challenges in his/her life?

What advice does he/she have for other people facing similar challenges?

Look through the list of resilient characteristics and ask the person you are talking to which characteristics they can relate to most.

After the Interview...

How can you relate to this person's story of resilience?

What resilient characteristics do you share with this person? Explain.